

August 2017 Community Highlights

Mulching event at the Dove Springs District Park!



Join your friends and neighbors to provide some TLC to the trees at Dove

Springs District Park! We will be mulching trees and learning about the importance of tree care on Saturday, August 5th, from 9:00 - 12:00 PM at Dove Springs Park (by the Rec Center).

FARM STANDS

Farm Stands are community-run markets that are strategically located in areas that are easily walkable to residents of the community.

The stands are run by Farm Stand Facilitators who are members of the community and are trained by the Sustainable Food Center.

Produce from Johnsons Backyard Garden is sold at reduced prices, making it more affordable than a traditional farmer's market. Most stands (3 out of 5) accept SNAP benefits and offer the SFC Double Dollars program (which doubles the benefits for purchase of fruits and vegetables up to \$30 per visit).

Sustainable Food Center and GAVA Farm Stands!

This is a reminder that the Dove Springs Farm Stand and the Sierra Ridge Farm Stand are both operating all summer long, so stop by for your fresh, local, affordable produce purchases



FARM STANDS

Run by Sustainable Food Center

SUMMER SCHEDULE

Open all Summer!

St. Elmo Road
Wednesdays, 4-6 pm
4320 S Congress Ave
Austin 78745

Dove Springs Recreation Center
Saturdays, 10:30 am-12:30 pm
5801 Aimez Drive
Austin 78744

Closed for Summer Break

Cunningham Elementary
School Farm Stand

Odom Elementary
School Farm Stand

Padron Elementary School
Farm Stand



each Wednesday and Saturday! See the event page below for details!

Dove Springs Traffic Safety Team

A group of 78744 residents are now gathering monthly to discuss how to support neighbors' priorities on traffic safety. The team is focusing on traffic speed mitigation, improving traffic lights and school crossing safety. Join their next meeting on Aug. 22at 7 pm at the Southeast Branch Library.

Healthy Corner Store Initiative and store events!

On Saturday, July 15th, 78745 resident leaders from "La Fuerza de Westgate" hosted a community event at our participating



healthy corner store, Bread Basket, in collaboration with Common Threads. The event promoted Bread Basket's new healthy food open air refrigerator and the new coupon incentive program for purchasing fresh produce. Resident leaders



engaged with about 20 customers and families from the surrounding neighborhood. We would like to thank GAVA leaders—**Sue Reading, Rev. Teresa Santillana and Prince Pen**—our partners from Common Threads, and Bread Basket corner store owner **Baslan Omar** who made the event a success!

GAVA and CodeNEXT

GAVA is engaging resident leaders in CodeNEXT. The GAVA Coalition's priorities, "Health & Permanency," include:

- increase transparency, consistency, fairness and meaningful public participation
- reduce climate change, increase resilience, reduce the urban heat island effect, and preserve and restore our natural environment
- require that new and redevelopment mitigate and reduce flooding, runoff pollution, and downstream erosion
- protect and respect neighborhoods
- promote affordable housing for all Austin residents, especially for low income residents
- support complete communities with adequate access to healthy food, physically active lifestyles and jobs that pay a living wage

We created a [CodeNEXT Survey by GAVA](#) (click) to collect feedback from the community to help plan future CodeNEXT community meetings and workshops.

Do you and your neighbors want to know more about CodeNEXT or get involved? Contact Monica Guzmán by email at Monica.Guzman@contractor.msdf.org.



Community Calendar

We invite residents from 78744 & 78745 to the following events!

Meeting / Event	Date	Contact
Dove Springs Farm Stand Visit this resident led community farm stand for local, organic and low priced produce. Each farm stand takes SNAP and offers Double Dollars!	Weekly! Saturday's 10:30am -12:30pm Dove Springs District Park 5801 Ainez Dr. 78744	Simone Benz Sustainable Food Center Community Outreach Coordinator simone@sustainablefoodcenter.org 512-220-1146 (work), 214-449-9957 (cell)
78745 Summer Farm Stand Visit this resident led community farm stand for local, organic and low priced produce. Each farm stand takes SNAP and offers Double Dollars!	Weekly! St. Elmo Rd. Wed. 4-6pm, 4320 Congress, 78745	Simone Benz Sustainable Food Center Community Outreach Coordinator simone@sustainablefoodcenter.org 512-220-1146 (work), 214-449-9957 (cell)
Fitness in the Park Free fitness classes are now available in 78744 and 78745! Come stretch, breathe and reach your fitness goals with a weekly bilingual yoga class at Dove Springs Rec Center! And visit Dittmar Rec Center for exciting and fun zumba classes. Classes are FREE, and first-come, first-serve.	Yoga: Classes are held every Friday at 9 AM at the Dove Springs Rec Center Zumba: Classes are held every Monday at 6:30 PM at the Dittmar Rec Center	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org 512-387-2998
GAVA Physical Activity Sector Meeting (44 & 45) Join PA teams as they work to improve the parks and green spaces in 78744 and 78745! This month, park and creek adopters will be receiving training strategies to develop strong teams and continue various projects.	Tuesday, August 15th 6:30 - 8pm Berkeley United Methodist Church 2407 Berkeley Ave, Austin, TX 78745	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org 512-387-2998
Outdoor Learning Environment - OLE! Preventing Obesity by Design Coalition Meeting	Thursday, August 17 10:30am-12pm Zilker Botanical Gardens 2220 Barton Springs Rd 78746	Laura Olson United Way - GAVA Early Childhood Education laura.e.olson@uwatx.org Office 512-225-0357, Cell 512-569-5880
Texaco Store Event, 78745 Dove Springs resident leaders and Common Threads will be collaborating to host a Healthy Corner Store event at the 78744 Texaco Food Spot Corner Store. The event will include healthy cooking activities and recipes and will also promote Texaco's new healthy refrigerator and coupon incentive program to purchase fresh produce!	Saturday, August 18th 6:30 - 8pm Texaco Food Spot 6607 S Pleasant Valley Rd, Austin, TX 78744	Sergio Ramirez Healthy Corner Store Initiative Organizer sergio@marathonkids.org 512.605.9234
Armadillo Park Neighborhood Association and Odom Elementary School Park APNA will be hosting a Fun Park Celebration event at Odom Elementary School Park. They will be celebrating the opening of the new school park. Join us for activities, music and free food!	Saturday August 19th 4- 6 pm 1010 Turtle Creek Blvd, Austin, TX 78745	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org 512-387-2998



Dove Springs/78744 Traffic Safety Meeting Join residents as they continue to take action on traffic safety priorities in the 78744. Translation provided.	Tuesday, August 22th 7-8 pm SE Branch Library 5803 Nuckols Crossing	Estrella de León Geo Teams Organizer 78744 estrella@marathonkids.org 206-293-9548
Austin Interfaith City-wide Leaders' Meeting Join Austin Interfaith leaders from across the city to discuss how to organize for the issues that affect our families. The meeting will include a training on organizing strategies.	TBD	Kathleen Davis Lead Organizer Austin Interfaith kdavis@austininterfaith.org 512-916-0100
Palomita Early Childhood GAVA Team Meeting	Friday, August 25th 2-3pm 4905 Maufrais Ln, 78744	Laura Olson United Way - GAVA Early Childhood Education laura.e.olson@uwatx.org Office 512-225-0357, Cell 512-569-5880
Berkeley Methodist Church 3rd annual Health Fair Join us for Health Education Workshops, and fun Activities like face painting, and music!	Saturday, August 26th 9am- 3 pm 2407 Berkeley Ave Austin, TX 78745	Frances Acuña Geo Teams Organizer 78745 frances@marathonkids.org 512-300-9108
Coordinated Approach to Child Health-CATCH Training for EC Caregivers	Sunday, August 27th 2-5pm El Buen Samaritano 7000 Woodhue Dr, Austin, TX 78745	Laura Olson United Way - GAVA Early Childhood Education laura.e.olson@uwatx.org Office 512-225-0357, Cell 512-569-5880
Early Childhood GAVA team with Sweet Briar Child Development Center at Woodway Village Apartments team meeting	Wednesday, August 30th 5:15-6:15pm 4600 Nuckols Crossing Rd, 78744	Laura Olson United Way - GAVA Early Childhood Education laura.e.olson@uwatx.org Office 512-225-0357, Cell 512-569-5880

About GAVA

Go! Austin/VAMOS! Austin (GAVA) is a partnership of residents, community leaders and nonprofit agencies who are devoted to improving the health of the communities in South and Southeast Austin (Dove Springs-78744 & 78745). We are united for health through improved access to and promotion of improved nutrition and physical activity.

For more information contact gava@marathonkids.org, or by phone: Carmen Llanes Pulido, GAVA Executive Director: 512-633-4312.

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