

November 2016

Healthy Food Access!

We are very happy to announce that six stores participating in the Austin Healthy Corner Store Initiative will receive new equipment as a result of their membership and continued efforts to increase access to healthy items for the community. Four of these stores will be celebrating their commitment to providing more healthy options for the community and having store events! There will be sales of healthy items, free reusable bags, free refreshments, information about healthy eating, and the opportunity to meet other neighbors also interested in having a healthy community! **7-Eleven (6306 Manchaca Rd):** Friday November 11th, 3-4:30pm **Stassney Food Mart (5717 S IH-35):** Saturday November 12th, 12:00-2pm **E-Z Food Stores (S 1st & Eberhart; S 1st St & William Cannon):** Thursday, November 17th, 3:30-5:30pm.



Additionally, the team of residents working with the E-Z Food Stores had a meeting with the owners on October 20th, discussing the healthy items available, prices, and upcoming events for the stores. Thank you to the residents who made this a very successful meeting!



The Mendez Coordinated School Health Team and Mendez Family Resource Center partnered with the Mexican Consulate - Ventanilla de Salud to host the Binational Health Week South - Family CATCH Night on Tuesday, October 11th. Parent and teachers participated in a healthy cook-off to win a

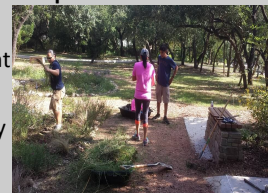
Google Chromebook. Camp Gladiator hosted a free class and family obstacle course with Ms. Friede and Mr. Medrano. We are happy that 80 families were served and more than 300 people attend! Thank you to the Widen Folklorico team and Mendez Cadets for showcasing your talents!

Sustainable Food Center and the **78744 Food Access Team** have collaborated to open the brand new Dove Springs Farm Stand! The Farm stand is providing Dove Springs families with organic and local produce, sold at low prices. Come visit the Dove Springs Farm Stand, open every Saturday from 10:30 - 12:30 pm at the Dove Springs District Park. The farm stand resident leaders also encourage anyone from the neighborhood to volunteer and become healthy food access champions!

District leaders within AISD are practicing what they preach and have formed a **District Coordinated School Health (CSH) Team!** The purpose of the District CSH Team is to: 1) *Promote the connection between all components of Coordinated School Health,* 2) *To create consistent messaging across all departments,* and 3) *To enhance collaboration between departments.*

Geo Teams, Parks and Green spaces!

The **Joslin School Park Team** received an Austin Parks Foundation Community Grant of \$39,400 for fitness equipment to increase opportunities for physical activity at the park.



The **Odom School Park Team** received \$40,800 to add a shade structure and picnic tables near the playground and also received an APF Neighborhood Grant for \$1,990 for permanent soccer goals at the park. Congratulations to both teams for this great accomplishment and exciting new projects in 78745 parks! Odom School Parks Team leaders **Lorena Solis and Laura Bucaro** were also elected as officers of the **Armadillo Park Neighborhood Association (APNA)** this month. Congratulations to the **Armadillo Park Team** which recently held a successful workday in October. The team and other neighbors weeded and beautified around the butterfly garden.

Community leaders from the southeast neighborhoods in 78745 have successfully created the fifth geo team in the zip code! **The official name is Community in Action/Comunidad en Acción.** The team is working on traffic issues, mobility, green spaces and access to healthy food. They are also partnering with Bedichek to grow their team and make a healthy community for all families. Congratulations!

Resident formed the **Rodriguez Elementary Park Team.** The team is focused on improving the park and increasing physical activity at



Rodriguez. Team leader, Raúl Sarmiento, organized an adult soccer game and community potluck celebration in October that was attended by approximately 100 parents and children! This event will occur once a month, so be sure to stop by Rodriguez Park for physical activity and fun! Contact Cynthia Rodriguez at 512-387-2998 for more information.

The **Dove Springs Community Garden Leadership Team** met on Saturday October 15th and set the workday schedule for the year. Workdays will occur on the first and third Saturday of the month starting at 9:00 a.m. Students in the Business Careers class in the Maverick Green STEM Academy are working on the business plan for the community garden. The **DSCG is also looking for a parent/community member who would like to attend the SFC's Community Garden Leadership Training on November 15 and 16 from 6:00 to 8:00 p.m.** and spearhead the DSCG leadership team.



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GAVA
GO! AUSTIN / VAMOS! AUSTIN

November 2016

GAVA's Annual Coalition Meeting will be Saturday, November 19, 9:30 am - 12:00 pm at St. John/San Juan Lutheran Church: 409 W. Ben White Blvd. 78704.

Every year the GAVA Coalition, including hundreds of residents of 78745 & 78744, come together to take action for healthy communities. Join neighbors and community partners for healthy food, hands-on training, and more!

78745 Calendar

Meeting / Event	Date	Contact
Weekly Farm Stands Stop by every week for fresh, affordable, in-season produce! Now offering double dollars for SNAP purchases. Also inquire about volunteer opportunities!	Wed. @ Sierra Ridge Apartments 3:00 - 5:00 PM, 201 W St. Elmo Rd Kick off @ Cunningham Elementary November 1st 2 - 4:00 pm Berkeley and Buffalo Pass	Simone Benz Sustainable Food Center simone@sustainablefoodcenter.org 512-220-1146 (work), 214-449-9957 (cell)
Join GAVA teams as they participate in Austin Parks Foundation's first Fall It's My Park Day. Many volunteers are needed to improve parks and greenbelts in the 78744/78745 area. To volunteer, register here: http://austinparks.org/volunteer/impd/	Saturday, November 5th at multiple parks in Dove Springs and 78745!	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org , 512-387-2998
Community in Action meeting	Monday, November 14th 9-10:30am Pleasant Hill Elementary	Maria Rivera Resident Leader 512-902-9106/ pina.mr5282@gmail.com
Cunningham Food Access Meeting Cunningham Neighborhood School Meeting	Wednesday, November 9 3:15 pm Cunningham Elementary	Ivanna Neri Geo Team Community Organizer 78745 ivanna@marathonkids.org , 512-998-3648
Healthy Corner Store Initiative Store Event! Join residents as they promote healthy Foods at the 7 Eleven on Manchaca!	Friday, November 11 3:00- 4:30 PM 7 Eleven, 6306 Manchaca Rd	Marla Torrado Food Retail Organizer marla@marathonkids.org 787-565-5896
Healthy Corner Store Initiative Store Event! Join residents as they promote healthy Foods at the E-Z Food Stores!	Thursday, November 17 3:30-5:30pm E-Z Food Stores S 1st & Eberhart & S 1st St & William Cannon	Marla Torrado Food Retail Organizer marla@marathonkids.org 787-565-5896
La Fuerza- Block Walk Join us as we discuss strategies that benefit the health of the neighborhood around Sunset Valley Elementary	Friday, November 18th 10 am Bread Basket on Jones Rd and Westgate	Lorenzo Sic Resident Leader 512-350-0499
Austin Interfaith City-wide Leaders' Meeting Agenda is to have small group "house meeting" conversations to build our agenda of issues affecting families and identify leaders to work on those issues.	Thursday Nov 17 Austin Interfaith leaders meeting 7:-8:30pm Trinity Church of Austin 4001 Speedway Austin, Tx 78751	Kathleen Davis kdavis@austininterfaith.org 512-916-0100
GAVA's Annual Coalition Meeting Join GAVA resident health teams in 78745 & 78745! This half-day conference will include learning sessions and coalition building on healthy food access, being active in the parks/creeks, traffic safety and healthy schools/childcare centers.	Saturday, November 19 9:30 - 12 PM St. John/San Juan Lutheran Church 409 W. Ben White Blvd. 78704	Ivanna Neri Geo Team Community Organizer 78745 ivanna@marathonkids.org , 512-998-3648





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Meeting / Event	Date	Contact
Dove Springs Farm Stand Join us at the Dove Springs Farm Stand! You will be able to purchase local, organic produce at low prices.	Every Saturday! 10:30-12:30 pm Dove Springs District Park 5801 Ainez Dr.	Simone Benz Sustainable Food Center simone@sustainablefoodcenter.org 512-220-1146 (work), 214-449-9957 (cell)
Join GAVA teams as they participate in Austin Parks Foundation's first Fall It's My Park Day. Many volunteers are needed to improve parks and greenbelts in the 78744/78745 area.	Saturday, November 5, 2016 To volunteer, register here: http://austinparks.org/volunteer/impd/	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org , 512-387-2998
The Dove Springs Community Garden The team invites the community to come be a part of a work day and the Community Garden team by the nuckols crossing and Palo Blanco every 1st and 3rd Saturday of the month. Everyone is welcome- young and old- please wear gardening clothes and plan to dig in the dirt!	Saturday November 5th and 19th 9 am - 12 pm Every 1st and 3rd Saturdays of the month	Sulamita Mora Directora de FRC sulamita.mora@austinisd.org 512-841-1016
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Healthy Corner Store Initiative Store Event! Join residents as they promote healthy Foods at the Stassney Food Mart. Residents and the store owner have been working together to encourage healthy eating in their neighborhoods.	Saturday, November 12 10-12pm 5717 S. Stassney Rd.	Marla Torrado Food Retail Organizer marla@marathonkids.org 787-565-5896
GAVA's Annual Coalition Meeting Join GAVA resident health teams in 78745 & 78745! This half-day conference will include learning sessions and coalition building on healthy food access, being active in the parks/creeks, traffic safety and healthy schools/childcare centers.	Saturday, November 19 9:30 - 12 PM St. John/San Juan Lutheran Church 409 W. Ben White Blvd. 78704	Estrella de León Geo Teams Organizer 78744 estrella@marathonkids.org 206-293-9548



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GO! Austin/VAMOS! Austin (GAVA) is a partnership of residents, community leaders and nonprofit agencies who are devoted to improving the health of children and community in Dove Springs and 78745. We are neighborhoods and organizations united for health through improved nutrition and physical activity. For more info on GAVA Dove Springs, or to give your input, contact Carmen Llanes Pulido, GAVA Dove Springs Community Director at 512-633-4312 or carmen@marathonkids.org, or Alba Sereno, 78745 Community Director at (214) 799-3767 or alba@marathonkids.org. Or, find us on Facebook at www.facebook.com/GOAustinVAMOSAustin and on the web at www.GoAustinVamosAustin.org

Thank you to our sponsors for making our work possible!

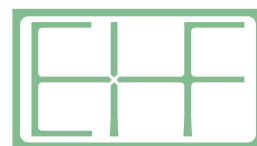


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