



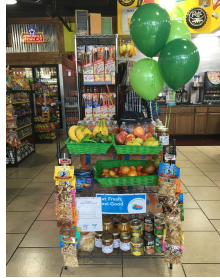
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GAVA
GO! AUSTIN / VAMOS! AUSTIN

October 2016

Healthy Food Access!

Hula Hu at Market at 4901 S 1st St. had a store event on September 24th. The event took place on the same day as the Central Williamson Creek team event, just a block away from the store! Creek volunteers participated in the store event, visited the new 'healthy section', and took advantage of healthy item coupons! If you want to know more about the Healthy Corner Store Initiative at Hula Hu Market, let us know!



EZ Food Stores at 6400 S 1st St & 710 W William Cannon, participants of GAVA's Healthy Corner Store Initiative, are giving special offers to customers who buy healthy food at their stores! This shows great commitment from the store owners and gives the neighbors the opportunity to start conversations about what offers will be most useful to encourage the community to buy healthy foods. Contact us if you'd like to join the Healthy Food Access team!



The Mendez STEM Academy started the Dove Springs Community Garden at Consuelo Mendez Middle School on October 1. Mendez students, families and staff volunteered to help build two wicking beds. Members from the Love Where You Live South Austin group and

Austin Bridge Builders Alliance members helped set up posts for the entryway. Check out their hard work on the north side of the Community in Schools portable. Thanks to all who helped us get our community garden started.

DOVE SPRINGS FARM STAND LAUNCHES SATURDAY, OCTOBER 22 at Dove Springs Park, 10:30am - 12:30PM



Access to Parks and Greenspaces! Keep Austin Beautiful and the E. Williamson Creek GAVA Team continued to restore parts of the creek for community use. In a short period of time, volunteers cleared trails by chopping ragweed, planting over 500 seed balls, and cleaning up over 300 pounds of trash and recycling! Please join

the creek team for their next creek restoration project on Oct. 22 at 9:00 am, between 5001 and 4907 Creek Bend Dr.

Zumba is now at Odom School Park! Thanks to team leader, Lorena Solis, zumba is now offered Monday - Friday on a donation basis. Stop by Odom School Park from 6:00 - 7:00 pm and be active while also having fun!

Congratulations to the Odom School Park Team for helping encourage physical activity in the park.



The Franklin Park Team has a lot of news to share! Thanks to a donation provided by the UT School of Public Health, the park is now equipped with basketballs, ping pong paddles, and other equipment that will be offered to the community

on a loan basis to use on the courts and ping pong table at the park. The team also hosted their second annual Senior Day on October 1st, where the community enjoyed physical activity, healthy snacks, and fun activities.

In honor of their dedication to the community, **the Franklin Park Team was honored by the Austin Parks Foundation as the park adoption team of the year!** The team received the Golden Shovel Award as a thank you for their commitment to the park. Congratulations to the team on all your successes and thank for all you do for Franklin Park!



The Williamson Creek Central Greenbelt team in 78745 participated in National Public Lands Day. **Team leader Kate Mason Murphy organized the workday and over 150 community members helped create a new trail along Williamson Creek!** The new trail is one of the many improvements that are being created, through a \$70,000 grant from the city's Neighborhood Partnering Program and is part of the Connect Garrison Project. This is a team effort to create a hike/bike recreation trail in 78745 that will connect with Garrison District Park. Stop by the Emerald Wood Community Garden and check out the new trail, which is located just across the street from the garden. Thank you to Kate and to all the residents who helped!

The traffic committees of Armadillo Park Neighborhood Association and La Fuerza submitted a Neighborhood Partnering Program grant application to install creative crosswalks and were successfully pre-approved. The leaders worked on designing those crosswalks with items that represent health, promote physical activity and slow down traffic. If approved, it would increase safety to pedestrians, safe routes to school, and access to main assets such as parks, schools and corner stores.



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October 2016

SAVE THE DATE! GAVA's Annual Coalition Meeting will be Saturday, November 19, 9:30 am - 12:00 pm at St. John/San Juan Lutheran Church: 409 W. Ben White Blvd. 78704.

Every year the GAVA Coalition, including hundreds of residents of 78745 & 78744, come together to take action for healthy communities.

Join neighbors and community partners for healthy food, hands-on training, and more!

78745 Calendar

Meeting / Event	Date	Contact
Weekly Farm Stands Stop by every week for fresh, affordable, in-season produce! Now offering double dollars for SNAP purchases. Also inquire about volunteer opportunities!	Wed. @ Sierra Ridge Apartments 3:00 - 5:00 PM, 201 W St. Elmo Rd Kick off @ Cunningham Elementary November 1st 2 - 4:00 pm Berkeley and Buffalo Pass	Simone Benz Sustainable Food Center simone@sustainablefoodcenter.org 512-220-1146 (work), 214-449-9957 (cell)
GAVA Physical Activity Sector Meeting 78744 & 78745 This month teams will be receiving training strategies to develop strong park/green space teams and will also continue to work on park projects.	Wednesday, October 12 6:30-8 pm Pleasant Hill Branch Library	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org , 512-387-2998
Armadillo Park Neighborhood Association Membership Meeting	Saturday, October 29 2-4 pm Manchaca Branch Library	Henrietta Cameron-Mann APNA President henrietta0317@gmail.com
Cunningham Food Access Meeting Cunningham Neighborhood School Meeting	Thursday, October 13 3:15 pm Wednesday, November 9 3:15 pm	Ivanna Neri Geo Team Community Organizer 78745 ivanna@marathonkids.org , 512-998-3648
Austin Interfaith Accountability Session with Candidates for City Council Districts 2, 4, 6, 7, 10 Come support the Austin Interfaith Agenda of issues for families. Join our delegation to make your voice heard. AI Leaders and GAVA Leaders invited to attend.	Sunday, October 16 3-4:30pm Mt. Olive Baptist Church 1800 E 11th Street	Kathleen Davis kdavis@austininterfaith.org 512-916-0100
Pleasant Hill Neighborhood Meeting Join us as we discuss strategies that benefit the health of the neighborhood around Pleasant Hill Elementary	Monday, October 17th Pleasant Hill Elementary	Maria Rivera Resident Leader 512-902-9106
Austin Interfaith City-wide Leaders' Meeting Agenda is to have small group "house meeting" conversations to build our agenda of issues affecting families and identify leaders to work on those issues.	Thursday, October 27 7-8:30 pm St. Johns Church Allendale Rd. 78756	Kathleen Davis kdavis@austininterfaith.org 512-916-0100
La Voz Neighborhood Meeting	Wednesday, October 26 Sierra Vista 6:30 pm	Mariano Di Vincenzo mariano.divincenzo@foundcom.org , 713-854-2627
Healthy Corner Store Initiative Store Event! Join residents as they promote healthy Foods at the EZ Corner Stores.	1st Week of Nov. EZ Food Stores 6400 S 1st St. & 719 W. William Cannon	Marla Torrado Food Retail Organizer marla@marathonkids.org 787-565-5896
Join GAVA teams as they participate in Austin Parks Foundation's first Fall It's My Park Day. Many volunteers are needed to improve parks and greenbelts in the 78744/78745 area. To volunteer, register here: http://austinparks.org/volunteer/impd/	Saturday, November 6th at multiple parks in Dove Springs and 78745!	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org , 512-387-2998



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October 2016

Dove Springs - 78744 Calendar

SAVE THE DATE! GAVA's Annual Coalition Meeting will be Saturday, November 19, 9:30 am - 12:00 pm at St. John/San Juan Lutheran Church: 409 W. Ben White Blvd. 78704.

Every year the GAVA Coalition, including hundreds of residents of 78745 & 78744, come together to take action for healthy communities. Join neighbors and community partners for healthy food, hands-on training, and more!

Meeting / Event	Date	Contact
Healthy Corner Store Initiative Store Inventories Join us to learn about the healthy products available at each the Healthy Corner stores!	Wed 10/12 -- Healthy Food Inventory, 5pm @ Texaco Food Spot (6607 S Pleasant Valley) Thu 10/13 -- Healthy Food Inventory 10am @ Stassney Food Mart (5717 S IH-35)	Marla Torrado Food Retail Organizer marla@marathonkids.org 787-565-5896
GAVA Physical Activity Sector Meeting 78744 & 78745 Join PA teams as they work to improve the parks and green spaces in 78744 and 78745! This month teams will be receiving training strategies to develop strong park/green space teams.	Wednesday, October 12 6:30-8 pm Pleasant Hill Branch Library	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org , 512-387-2998
Austin Interfaith Accountability Session with Candidates for City Council Districts 2, 4, 6, 7, 10 Come support the Austin Interfaith Agenda of issues for families. Join our delegation to make your voice heard. All Leaders and GAVA Leaders invited to attend.	Sunday, October 16 3-4:30pm Mt. Olive Baptist Church 1800 E 11th Street	Kathleen Davis kdavis@austininterfaith.org 512-916-0100
Paisano Mobile Homes Resident Meeting	Thursday, October 20th 6-7pm Paisano Mobile Homes	Estrella de León Geo Teams Organizer 78744 estrella@marathonkids.org 206-293-9548
Dove Springs Farm Stand Grand Opening! Join us for the grand opening of the Dove Springs Farm Stand! You will be able to purchase local, organic produce at low prices.	Saturday, October 22 10:30-12:30pm Dove Springs Park 5801 Aniez Dr.	Simone Benz Sustainable Food Center simone@sustainablefoodcenter.org 512-220-1146 (work), 214-449-9957 (cell)
E. Williamson Creek Work Day Join neighbors along E. Williamson creek off of Creek Bend to continue the process of clearing a space for a future trail head, grass planting, and more!	Saturday, October 22 9-11 am Between 5001 & 4907 Creekbend	Estrella de León Geo Teams Organizer 78744 estrella@marathonkids.org 206-293-9548
Austin Interfaith City-wide Leaders' Meeting Agenda is to have small group "house meeting" conversations to build our agenda of issues affecting families and identify leaders to work on those issues.	Thursday, October 27 7-8:30 pm St. Johns Church Allendale Rd. 78756	Kathleen Davis kdavis@austininterfaith.org 512-916-0100
Join GAVA teams as they participate in Austin Parks Foundation's first Fall It's My Park Day. Many volunteers are needed to improve parks and greenbelts in the 78744/78745 area.	Saturday, November 6, 2016 To volunteer, register here: http://austinparks.org/volunteer/impd/	Cynthia Rodriguez Austin Parks Foundation GAVA Physical Activity Community Organizer cynthia@austinparks.org , 512-387-2998
Healthy Corner Store Initiative Store Event! Join residents as they promote healthy Foods at the Stassney Food Mart.. Residents and the store owner have been working together to encourage healthy eating in their neighborhoods.	Saturday, November 12 10-12pm 5717 S. Stassney Rd.	Marla Torrado Food Retail Organizer marla@marathonkids.org 787-565-5896





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GO! Austin/VAMOS! Austin (GAVA) is a partnership of residents, community leaders and nonprofit agencies who are devoted to improving the health of children and community in Dove Springs and 78745. We are neighborhoods and organizations united for health through improved nutrition and physical activity. For more info on GAVA Dove Springs, or to give your input, contact Carmen Llanes Pulido, GAVA Dove Springs Community Director at 512-633-4312 or carmen@marathonkids.org, or Alba Sereno, 78745 Community Director at (214) 799-3767 or alba@marathonkids.org. Or, find us on Facebook at www.facebook.com/GOAustinVAMOSAustin and on the web at www.GoAustinVamosAustin.org

Thank you to our sponsors for making our work possible!



Michael & Susan Dell
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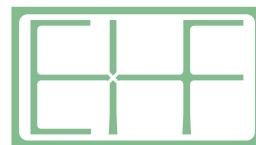


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which will launch in November!

Black Friday. Cyber Monday.

#GI♥INGTUESDAY™

November 29, 2016

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